

## Jump, Wiggle, Wiggle and Jiggle

Jump, wiggle, wiggle and jiggle,  
Stretch up high and then down low,  
Jump, wiggle, wiggle and jiggle.



## Skating

Skating on the rink,  
Blades cutting into the ice,  
Gracefully dancing.

Picking up the speed,  
Looping letters round and round,  
Spinning on the spot.



## Tennis

Smash, smash, smash the ball,  
High above the net,  
Straight past the other player,  
The crowd roar and cheer.



## Football Player

Team player  
Fast runner  
Ball chaser  
Careful passer  
Corner taker  
Strong defender  
Incredible shooter  
Goal scorer  
Football player

## My Body

My body is a tool for movement  
That allows me to express myself.

My toes and feet send me soaring high  
Where my fingers grasp thin air.

My arms and legs send me cartwheeling  
Over and round I go.

My hips and shoulders let me sway to the rhythm  
As I dance the funky chicken.

My knees and palms let me crawl  
When I am too tired to leap and bound.

My body is a tool for movement  
That allows me to express myself.

## Sport Player

Ballet dancer  
Tennis prancer  
Horse rider  
Ice slider  
Goal scorer  
Sky soarer  
Ice skimmer  
Deep swimmer  
Team leader  
Track speeder  
Club swinger  
Victory bringer  
Pedal pounder  
Court bouncer  
Sharp braker  
Risk taker  
Game saver  
Sport player