



ST. CATHERINE'S CATHOLIC PRIMARY SCHOOL
Live, Love and Learn Together

RELATIONSHIPS AND SEX EDUCATION POLICY

Governors Committee Responsible:	Mrs G. Coombs Mgr K. Mitchell
Staff Members:	Mrs S. Terrey and Mrs E. Harris
Parent Advisor:	Mrs A. Murless
Review Period:	Annually
Date Policy Approved	April 2021
Date for Review	April 2022

Signed by:

Head Teacher: _____ Date: _____

Chair of Governors: _____ Date: _____

RELATIONSHIPS AND SEX EDUCATION POLICY

In this policy the governors, Headteacher and teachers at St Catherine's Catholic Primary School, in partnership with pupils and their parents, set out their intentions about the teaching of relationships and sex education (RSE) in the school. We set out our rationale and approach to relationships and sex education in the school. This policy should be read in conjunction with the Plymouth Cast Relationships and Sex Education Policy (June 2020).

DEFINING RELATIONSHIP AND SEX EDUCATION

The DfE guidance states that, "Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way."

It is about the development of the pupil's knowledge and understanding of themselves as a sexual being, about what it means to be fully human, called to live in right relationships with self and others and being enabled to make moral decisions in conscience.

At St Catherine's Catholic Primary School, our focus is on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, relationships with other children and with adults.

Virtuous habits are at the very foundation of RSE and these are taught through the Word of God, prayer and the sacraments. This will include the topics of families and the people who care for me, caring friendships, respectful relationships, online relationships and being safe.

LIFE TO THE FULL



RSE is taught as part of the Physical, Social, Health and Economic Education (PSHE) programme. The programme for RSE used at St. Catherine's is Life to the Full provided by Ten:Ten with tailored modules for different ages.

Parents are given access to review and understand the Life to the Full programme through the parent portal. Teaching staff have received training in delivering the Life to the Full Programme so they are able to present a consistent learning experience for the children.

Key learning points:

The following aspects of the programme will be delivered in the following years:

- Biological terms for genitalia will be used for teaching in the Early Years.
- The puberty module will be taught from Year 4 upwards.
- The talking about sex module will be taught in its entirety to Year 6 children, so they are able to benefit from discussions in a safe and loving environment. The subject of pornography will be taught in the context of Internet safety and respect for our bodies and other people's bodies though carefully ensuring that the children are not being introduced to any new ideas.

CONSULTATION

In the drafting of this policy, staff and governors have been consulted and teachers have reviewed the effectiveness of the current RSE and received an overview of the programme prior to completing the Life to the Full training. Parents are being consulted through a survey and have access to Life to the Full through the parent portal in order to understand what their child will be taught.